



True North's Quarantine Carnival (Ages 4-7)

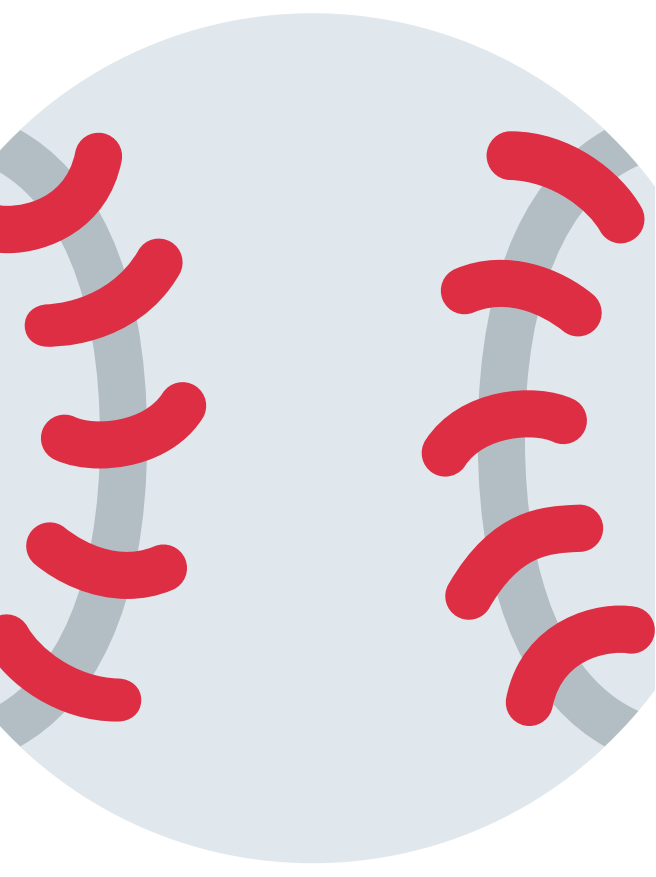
Activity: Sock Toss

Equipment: Mixing bowls or small empty boxes and rolled up socks.

Description: Using small empty boxes or mixing bowls, set up 3 targets for your child to hit. Place the targets between 3-5 meters away from the throwing line (consider your child's throwing abilities). Using 5 rolled up socks as your bean bags, see how many shots your child can get in.

Activity: Find the Ball

Equipment: 3 plastic cups and a small object (lego or ball).



Description: Collect 3 plastic cups and a small object that can be hidden inside one of the cups. Start by placing all 3 cups rim down on a flat surface. Show the object to the other player, put it under a cup, and switch the cups around. The player must try to follow the cup that has the ball underneath. When you're done moving the cups around, the player taps the top of the cup they think the ball is in. You lift the cup, and if the ball is there, they win!

Activity: Ring Toss


Equipment: 6 plastic bottles and 6 hair elastics or rubber bands.

Description: Collect 6 plastic bottles, fill them halfway with water, and seal tightly. Next, arrange the bottles in a triangle format. The goal of the game is to toss all 6 elastics onto the necks of the plastic bottles.

Challenge: Can you get 2 elastics on one bottle?

Activity: Bubble Wrap Attack

Equipment: Bubble Wrap



Description: Find a piece of bubble wrap. Time your child as they pop all the bubbles as quickly as they can.

Activity: Clear the Balls

Equipment: 2 chairs, a bed sheet and a bucket of balls (or rolled up socks)

Description: For this game, create a line between the two sides of the playing field by stretching a large sheet across two chairs. The object of the game is to get all the balls over the sheet and onto the other player's side. Meanwhile, your opponent is trying to dump all the balls back onto your side. There is not really ever a winner, but we sure had fun with this!

Back yard tip - Collect a bucket of pine cones, and play this outdoors with pine cones as your balls!

