

What's for Lunch at Etobicoke?

This summer, True North Sports Camp (TNSC) is teaming up with Food For Good to provide delicious, warm lunches to your campers every day of the week!

SIGN UP TODAY: [FOODFORGOOD.CA](https://www.foodforgood.ca)



Choose Your Meal Size
TAXES NOT INCLUDED

Small  \$8

OR

Large  \$10

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imPerfect
Fresh Eats

T

barBurrito

W

Gino's
Chicken + Wraps

T

Impact Kitchen

F

Gino's
Pizza

imPerfect Fresh Eats on Mondays

MEALS

Mac and Cheese

High Protein and Veggie

Veggie-filled Beef Meatballs

With Marinara Sauce and Rigatoni Pasta

Chicken Bowl

With Black Rice, Topped with Roasted Broccoli, Corn and Tomatoes

Beef Meatballs

With Mashed Potatoes, Homemade Bone Broth Gravy, and Roasted Broccoli

Chicken Caesar Wrap

[Gluten-Free Options Available](#)

barBurrito on Tuesdays

MEALS

Tacos

With Nachos and Salsa

Quesadilla

With Nachos and Salsa

Value Bowl

CHOICES

→ Chicken (Halal)
→ Beef

→ Cheese
→ Chicken (Halal)
→ Beef

→ Chicken (Halal)
→ Beef
→ Pulled Pork
→ Steak

Gino's Chicken + Wraps on Wenesdays

MEALS

Boneless Chicken Wings

With Carrot and Apple slices, Whole Wheat Bread + Dip

Popcorn Chicken

With Carrot and Apple slices, Whole Wheat Bread + Dip

Wraps

→ Chicken
→ Chicken Ceasar
→ Veggie

Impact Kitchen on Thursdays

MEALS

Chicken Kale Caesar

Turkey Chili with Rice

Chicken Teriyaki

Mini Macro Bowl

Mediterranean

[Gluten-Free / No-Meat / Dairy-Free Options Available](#)

Gino's Pizza on Fridays

CHOICES

Cheese Pizza

Pineapple Pizza

Beef Toppings Pizza

\$4 / Slice

1 Big Slice from an 18" Pizza cut into 10 Slices.

Lunch Program Menu

TRUENORTH
SPORTS CAMPS