



TRUE NORTH

SPORTS CAMPS



2019
SUMMER CAMP GUIDE



TRUENORTH
SPORTS CAMPS

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Who We Are

True North Sports Camps offers year-round sports programming for boys and girls ages 4-14 of all skill levels in Toronto, Etobicoke and Markham. We operate summer day camps as well as after-school and weekend clinics for baseball, flag football, basketball, soccer and multi-sport.

At True North Sports Camps, we believe that recreational sports are an important part of every child's development and we make it our top priority to deliver a truly memorable experience. *With low camper to staff ratios*, our outstanding coaches are committed to building an individual rapport with each and every camper.

All of our energetic coaches are experts in their sport, who love to share their knowledge of the game while stressing the importance of sportsmanship, teamwork and fair play. We focus on creating an encouraging environment where all players learn something new, stay active and have fun!

Since 2007, our goal has remained the same: *to provide the highest quality sports instruction in a fun, safe and encouraging environment.*



BASEBALL • Toronto, Etobicoke and Markham



True North Sports Camps offers a variety of baseball summer camps for **boys and girls ages 4 to 14 in Toronto, Etobicoke and Markham**. Campers will be taught the FUNdamentals of throwing, fielding and hitting through a combination of drills, competitions and games. Whether you want to learn how to field a groundball or pop-fly, or how to hit a homerun or bunt, our experienced staff challenge every camper to improve. We have something for everyone!

Summer Camps (extended care available at all locations)

Toronto (bus service available):

Junior Baseball (Glenview Public School)
– Ages 4-7

Baseball at Forest Hill (Memorial Park)
– Ages 7-14

Baseball at Lawrence Park (Glenview Public School)
– Ages 7-14

Girls Baseball (Week 2 at Glenview Public School)
– Ages 7-14

Baseball at North York (Bond Park)
– Ages 7-14

Elite Baseball (Bond Park)
– Ages 9-14 rep level players

Etobicoke Baseball Camp
(Rosethorn Junior School) – Ages 7-14

Markham Baseball Camp
(Raybeck Park) – Ages 7-14

WEEK	DATES	TORONTO						ETOBICOKE	MARKHAM
		JUNIOR	MEMORIAL	GLENVIEW	GIRLS	BOND PARK	ELITE		
1	July 2-5*	✓	✓			✓		✓	✓
2	July 8-12	✓	✓	✓	✓	✓		✓	✓
3	July 15-19	✓	✓	✓		✓	✓	✓	✓
4	July 22-26	✓	✓	✓		✓	✓	✓	✓
5	July 29-Aug 2	✓	✓	✓		✓	✓	✓	✓
6	Aug 6-9*	✓	✓	✓		✓	✓	✓	✓
7	Aug 12-16	✓	✓	✓		✓	✓	✓	✓
8	Aug 19-23		✓						
9	Aug 26-30		✓						

* BASEBALL AT MEMORIAL IS OPEN ON MONDAY JULY 1ST & AUGUST 5TH

FLAG FOOTBALL • Toronto



True North Sports Camps offers *non-contact flag football* day camps in Toronto designed to introduce campers to the game of football in a fun and pressure free environment. Throughout the week, campers will be taught the FUNdamentals of throwing, receiving, rushing and defense, as they rotate between quarter back, running back and wide receiver stations. From the skills combine to the draft, we make campers feel like they're in the pros!

Summer Camps

Toronto

Location: Memorial Park

Ages: 7-14

Level: All skill levels

Convenience: Depot Bus Service + Extended Care Available

WEEK	DATES	FLAG FOOTBALL
1	July 2-5*	✓
2	July 8-12	✓
3	July 15-19	✓
4	July 22-26	✓
5	July 29-Aug 2	✓
6	Aug 6-9*	✓
7	Aug 12-16	✓

* TORONTO FLAG FOOTBALL CAMP IS OPEN ON MONDAY JULY 1ST AND AUGUST 5TH

BASKETBALL • Toronto



True North Basketball Camp is a recreational day camp designed to focus on the FUNdamentals of dribbling, passing, shooting and rebounding. By rotating positions during drills and scrimmages, *players will have the chance to play all positions and learn as much as possible about the game.* In addition, several team concepts will be introduced including defensive strategies, setting screens, cutting without the ball, and of course, the pick and roll. We work hard to make sure that every single camper has a truly memorable experience!

Summer Camps

Toronto

Location: Glenview Public School

Ages: 7-14

Level: All skill levels

Convenience: Depot Bus Service + Extended Care Available

WEEK	DATES	BASKETBALL CAMP
1	July 2-5	✓
2	July 8-12	✓
3	July 15-19	✓
4	July 22-26	✓
5	July 29-Aug 2	✓
6	Aug 6-9	✓
7	Aug 12-16	✓

SOCCER • Toronto



True North Soccer Camp is a **recreational day camp for girls and boys of all skill levels!**

Our program is designed to teach campers the **FUNDamentals** of soccer, while introducing advanced skill development for more experienced players (i.e. spacing, player support and ball movement). Our low camper-to-staff ratio allows our experienced coaches to ensure that the skills, drills and games are tailored to each player's needs. We work hard to ensure that each and every camper has fun, stays active and learns new skills!

Summer Camps

Toronto

Location: Memorial Park

Ages: 4-12

Level: All skill levels

Convenience: Depot Bus Service + Extended Care Available

WEEK	DATES	SOCCER CAMP	GIRLS
1	July 2-5*	✓	
2	July 8-12	✓	
3	July 15-19	✓	
4	July 22-26	✓	✓
5	July 29-Aug 2	✓	
6	Aug 6-9*	✓	
7	Aug 12-16	✓	

* TORONTO SOCCER CAMP IS OPEN ON MONDAY JULY 1ST AND AUGUST 5TH

MULTI-SPORT • Toronto, Etobicoke and Markham



True North Sports Camps offers multi-sport day camps in Toronto, Etobicoke and Markham! Our recreational day camps expose campers to *a wide variety of sports* and activities allowing campers to develop fundamental movement and sport skills with an emphasis on *fun, teamwork and fair play*. Campers will have a chance to challenge themselves and stay active while playing baseball, basketball, flag football, soccer, floor hockey, badminton and more! Our experienced coaches work hard to create a culture that ensures every camper has a truly memorable experience.

Summer Camps (ages 4 – 12 for all skill levels!)

Toronto

Location: Glenview Public School (Weeks 1-7) and Memorial Park (Weeks 8-9)

Convenience: Depot Bus Service + Extended Care Available

Etobicoke

Location: Rosethorn Junior School

Convenience: Extended Care Available

Markham

Location: Raybeck Park

Convenience: Extended Care Available

WEEK	DATES	TORONTO	GIRLS (TORONTO)	ETOBICOKE	MARKHAM
1	July 2-5	✓		✓	✓
2	July 8-12	✓		✓	✓
3	July 15-19	✓	✓	✓	✓
4	July 22-26	✓		✓	✓
5	July 29-Aug 2	✓		✓	✓
6	Aug 6-9	✓		✓	✓
7	Aug 12-16	✓		✓	✓
8	Aug 19-23	✓			
9	Aug 26-30	✓			

GIRLS SUMMER CAMPS



At True North Sports Camps we believe that recreational sports are an important part of every child's development and we make it our top priority to deliver a truly memorable experience. In saying that we understand that there are social barriers when it comes to participation in sport especially in programs that can be heavily dominated by boy participants. In 2019 we are pleased to announce the expansion of our **GIRLS ONLY** camps. We've had tremendous success with our Girls Only baseball programs in the past and are now looking to expand into other sports.

Girls Summer Camps

Toronto

Location: Memorial Park and Glenview Public School

Ages: 4-12

Level: All Skill Levels

Convenience: Depot Bus Service + Extended Care Available

WEEK	DATES	SOCCER (MEMORIAL PARK) Ages 4-12	BASEBALL (GLENVIEW PUBLIC SCHOOL) Ages 7-14	MULTI-SPORT (GLENVIEW PUBLIC SCHOOL) Ages 4-12
2	July 8-12		✓	
3	July 15-19			✓
4	July 22-26	✓		

MORE PROGRAMS



True North Sports Camps offers a variety of programs in addition to our summer day camps! Please see below for additional information about our other programs offered in 2019.

Weekly Clinics • Toronto

We offer after-school and weekend clinics from September to June at several locations in midtown Toronto. For 60 to 90 minutes each week, players will have an opportunity to improve their skills in baseball, basketball, flag football and/or soccer! Our clinics offer a great way for young athletes to stay active, have fun and learn something new.

March Break Camp • Toronto

Join us for a week of high-energy sports programming at our Multi-Sport March Break Camp! Our recreational day camp is for girls and boys ages 4-14 years old and will expose campers to a wide variety of sports in order to develop fundamental movement and sport skills with an emphasis on fair play and teamwork.

Location: Branksome Hall

Dates: March 11-15

Ages: 4-12

Level: All Skill Levels

Convenience: Extended Care Available

Birthday Parties & Team Lessons • Toronto, Etobicoke & Markham

Our coaches are available to run a series of practices or lessons for house league and rep teams as well as pre-organized groups. Instructors will provide the direction and knowledge to help players succeed individually and as a team.

We can also help you host a baseball, basketball, flag football, soccer or general sports themed birthday party! Our coaches will come to the location of your party with all necessary equipment for each sport.

Please contact us to learn more!

LOCATIONS

We are thrilled to be continuing the True North experience in Toronto, Etobicoke and Markham in 2019! Please see below for more information about our program offerings in each location.

Toronto

Our baseball, basketball, soccer, flag-football and multi-sport summer camps are located at several parks throughout Toronto. For added convenience, we offer optional bus service between our 3 different locations (as well as a stop in Leaside)!

MEMORIAL PARK	GLENVIEW PUBLIC SCHOOL	BOND PARK
Spadina & Eglinton	Avenue & Lawrence	Leslie & Yorkmills
Baseball (Ages: 7-14)	Baseball (Ages: 7-14)	Baseball (Ages: 7-14)
Soccer (Ages: 4-12)	Basketball (Ages: 7-14)	Elite Baseball (Ages: 9-14)
Flag Football (Ages: 7-14)	Junior Baseball (Ages: 4-7)	
Multi-Sport (Ages: 4-12) *Week 8 & 9	Multi-Sport (Ages: 4-12) *Week 1-7	

In addition to our summer camps, we offer a March Break Multi-Sport Camp as well as after-school and weekend clinics throughout mid-town Toronto.

Etobicoke

Our Etobicoke baseball (ages 7-14) and multi-sport (ages 4 -12) summer camps will be located at Rosethorn Junior School and will run for one-week sessions throughout July and August. Whether you are new to a sport or an elite level player, we have something for everyone!

Markham

Our Markham baseball (ages 7 14) and multi-sport (ages 4 -12) summer camps will be located at Raybeck Park and will run for one-week sessions throughout July and August. Whether you are new to a sport or an elite level player, we have something for everyone!

Letter from the Directors

*A message from the Camp Leadership Team:
Courtney Berger, Blake Koester and Justin Atkinson*

Thank you for taking the time to learn about True North Sports Camps!

As the Directors of True North, we recognize the positive impact that camp and sports can have on the development of children. At True North Sports Camps, we provide a fun and safe environment that encourages campers to be active, socialize and develop their athletic skills. We believe that the campers' experience is driven directly by the quality of our staff, and as a result, we focus on hiring passionate and dedicated coaches that ensure that every athlete has a truly memorable experience. We sincerely appreciate your interest and recognize it can be difficult to get a feel for our culture and values by reading a digital catalogue or online profile. At your convenience, we encourage you to contact us to find out more about our programs and what makes us so special.

We hope to see you in 2019!

Warmest Regards,
Courtney, Blake and Justin





TRUENORTH

SPORTS CAMPS

Contact Information

We would love to hear from you!

If you have any questions about our programs or are interested in learning more, please do not hesitate to contact us anytime.



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