



# TRUE NORTH

SPORTS CAMPS



## FALL, WINTER & SPRING PROGRAM GUIDE

2019-2020



# TRUENORTH

SPORTS CAMPS

## Table of Contents

<b>Who We Are</b>	<b>2</b>
<b>Fall Programs (Sept–Dec)</b>	<b>3</b>
<b>Winter Programs (Jan–March)</b>	<b>4</b>
<b>Spring Programs (April–June)</b>	<b>6</b>
<b>March Break Camp</b>	<b>7</b>
<b>Birthday Parties</b>	<b>7</b>
<b>Locations and Parking</b>	<b>8</b>
<i>Leo Baeck Day School</i>	<b>8</b>
<i>St. Clements School</i>	<b>8</b>
<i>Lawrence Park C.I.</i>	<b>9</b>
<i>Branksome Hall</i>	<b>9</b>
<i>Memorial Park</i>	<b>10</b>
<i>Viewmount Park</i>	<b>10</b>
<b>Weather Policy (outdoor programs)</b>	<b>11</b>
<b>Referral Program</b>	<b>11</b>
<b>FAQ</b>	<b>12</b>
<b>Letter from the Directors</b>	<b>13</b>
<b>Contact Us</b>	<b>14</b>



## Who We Are

True North Sports Camps offers year-round sports programming for boys and girls ages 4–14 of all skill levels in Toronto, Etobicoke and Markham. We operate summer day camps as well as after-school and weekend programs for baseball, flag football, basketball, soccer and multi-sport.

At True North Sports Camps, we believe that recreational sports are an important part of every child's development and we make it our top priority to deliver a truly memorable experience. With low camper to staff ratios, our outstanding coaches are committed to building an individual rapport with each and every camper.

All of our energetic coaches are experts in their sport, who love to share their knowledge of the game while stressing the importance of sportsmanship, teamwork and fair play. We focus on creating an encouraging environment where all players learn something new, stay active and have fun!

Since 2007, our goal has remained the same: *to provide the highest quality sports instruction in a fun, safe and encouraging environment.*



## Fall Programs



During the fall, we offer skill-development clinics for T-Ball, Baseball and Basketball. For 60 – 90 minutes per week, we focus on improving each player's sport skills in an inclusive and supportive environment with an emphasis on fun, fair play and teamwork.

Our T-Ball and Baseball programs starting in September will be outdoors on the diamond. We will head indoors starting in October where we run a variety of drills, competitions and modified games allowing participants to experience all aspects of the game while focusing each week on developing different skills.

CLINIC #	PROGRAM	DAY	DATE	AGES	START	END	NO. OF SESSIONS	INDOOR/OUTDOOR	LOCATION	PRICE (+HST)
1	T-Ball	Sunday	Sept 8 - Sept 29	4 to 6	9:45am	10:45am	4	Outdoor	Lawrence Park C.I.	\$120
2	Baseball	Sunday	Sept 8 - Sept 29	6 to 10	11:00am	12:30pm	4	Outdoor	Lawrence Park C.I.	\$140
3	Baseball	Wednesday	Oct 2 - Dec 4*	6 to 10	6:00pm	7:20pm	8	Indoor	St. Clements School	\$280
4	Baseball	Wednesday	Oct 2 - Dec 4*	9 to 13	7:30pm	8:50pm	8	Indoor	St. Clements School	\$280
5	Basketball	Sunday	Oct 20 - Dec 1	4 to 6	11:00am	12:00pm	7	Indoor	Leo Baeck	\$210
6	Basketball	Sunday	Oct 20 - Dec 1	6 to 10	12:10pm	1:30pm	7	Indoor	Leo Baeck	\$245
7	Basketball	Sunday	Oct 20 - Dec 1	9 to 13	1:40pm	3:00pm	7	Indoor	Leo Baeck	\$245

**\*Please note that Clinics #3 and #4 skip Oct 30 and Nov 4**

## Winter Programs



This winter, we are thrilled to be offering basketball, baseball and soccer skill-development clinics for boys and girls ages 4 – 13! These programs take place in a gym and allow young athletes to develop their skills, have fun and stay active throughout the winter months. Our outstanding coaches will tailor the drills and games to the skill level of the players creating a fun and inclusive environment.

Starting in January we are launching our NEW 3X3 skill-development basketball house league! Players will have the opportunity to advance their basketball skills in this recreational program while having fun and increasing their passion for the game.

### January – February

CLINIC #	PROGRAM	DAY	DATE	AGES	START	END	NO. OF SESSIONS	LOCATION	PRICE (+HST)
8	Baseball Clinic	Sunday	Jan 12 - Feb 23	6 to 10	10:10am	11:30am	7	Leo Baeck	\$245
9	Baseball Clinic	Sunday	Jan 12 - Feb 23	9 to 13	10:10am	11:30am	7	Leo Baeck	\$245
10	Basketball Clinic	Sunday	Jan 12 - Feb 23	4 to 6	11:40am	12:40pm	7	Leo Baeck	\$210
11	Basketball League	Sunday	Jan 12 - March 1	7 to 9	12:50pm	2:20pm	8	Leo Baeck	\$300
12	Basketball League	Sunday	Jan 12 - March 1	10 to 13	2:30pm	4:00pm	8	Leo Baeck	\$300
13	Basketball Clinic	Wednesday	Jan 15 - Feb 26*	6 to 10	6:00pm	7:20pm	6	St. Clements	\$210
14	Baseball Clinic	Wednesday	Jan 15 - Feb 26*	9 to 13	7:30pm	8:50pm	6	St. Clements	\$210

**\*Please note that Clinics #13 and #14 skip February 12**

## Winter Programs



### March – April

CLINIC #	PROGRAM	DAY	DATE	AGES	START	END	NO. OF SESSIONS	LOCATION	PRICE (+HST)
15	T-Ball Clinic	Sunday	March 1 - April 19*	4 to 6	9:00am	10:00am	7	Leo Baeck	\$210
16	Soccer Clinic	Sunday	March 1 - April 19*	4 to 6	9:00am	10:00am	7	Leo Baeck	\$210
17	Baseball Clinic	Sunday	March 1 - April 19*	6 to 10	10:10am	11:30am	7	Leo Baeck	\$245
18	Baseball Clinic	Sunday	March 1 - April 19*	9 to 13	10:10am	11:30am	7	Leo Baeck	\$245
19	Basketball Clinic	Sunday	March 1 - April 19*	4 to 6	11:40am	12:40pm	7	Leo Baeck	\$210
20	Basketball League	Sunday	March 8 - April 26*	7 to 9	12:50pm	2:20pm	8	Leo Baeck	\$300
21	Basketball League	Sunday	March 8 - April 26*	10 to 13	2:30pm	4:00pm	8	Leo Baeck	\$300
22	Basketball Clinic	Wednesday	March 4 - April 29**	6 to 10	6:00pm	7:20pm	6	St. Clements	\$210
23	Baseball Clinic	Wednesday	March 4 - April 29**	9 to 13	7:30pm	8:50pm	6	St. Clements	\$210

**\*Please note that Clinics #15 - #21 skip March 15**  
**\*\*Please note that Clinics #22 & #23 skip March 18, 25 and April 22**

## Spring Programs

### Baseball and T-Ball

From April – June, we offer outdoor sports programs for boys and girls ages 4 – 14:

- **Baseball Spring Training** – a full weekend program at the end of April focused on getting players ready for the season ahead through a series of high-energy drills and games.
- **Instructional Leagues** – either baseball or t-ball, players are placed on teams and each week spend 20 - 30 minutes participating in skill-development drills followed by game play.

CLINIC #	PROGRAM	DAY	DATE	AGES	START	END	NO. OF SESSIONS	LOCATION	PRICE (+HST)
ST	Baseball Spring Training	Saturday/ Sunday	April 25 - 26	7 to 14	9:00am	3:30pm	2	Memorial Park	\$245
24	T-Ball Instructional League	Tuesday	May 5 - June 16	4 to 6	4:15pm	5:15pm	7	Viewmount Park	\$210
27	T-Ball Instructional League (Beginner)	Sunday	May 10 - June 14	4 to 6	9:45am	10:45am	6	Lawrence Park C.I.	\$180
28	T-Ball Instructional League (Intermediate)	Sunday	May 10 - June 14	4 to 6	11:00am	12:00pm	6	Lawrence Park C.I.	\$180
29	Baseball Instructional League	Thursday	May 21 - June 25	6 to 10	6:00pm	7:30pm	6	Lawrence Park C.I.	\$210
30	Baseball Instructional League	Thursday	May 21 - June 25	9 to 13	6:00pm	7:30pm	6	Lawrence Park C.I.	\$210

### Basketball

CLINIC #	PROGRAM	DAY	DATE	AGES	START	END	NO. OF SESSIONS	LOCATION	PRICE (+HST)
25	Clinic	Wednesday	May 6 - June 24	6 to 10	6:00pm	7:20pm	6	St. Clements	\$210
26	Clinic	Wednesday	May 6 - June 24	9 to 13	7:30pm	8:50pm	6	St. Clements	\$210

## March Break



**Join us for a week of high-energy sports programming at our Multi-Sport March Break Camp in Toronto!**

True North's Multi-Sport March Break Camp is a recreational day camp for girls and boys ages 4 – 12 of all skill levels! Our goal is to expose campers to a wide variety of sports in order to develop fundamental movement and sport skills with an emphasis on fun, fair play and teamwork.

In 2020, our March Break Camp will be returning to Branksome Hall for its 4th year! The Camp will be running from March 16th – 20th daily from 8:30am – 4:00pm. The fee for the week is \$375 +HST.

***Note: we offer extended care until 5pm for an additional fee of \$65 +HST.***

Our March Break Camp typically fills up – we recommend signing up soon to secure your spot!

## Birthday Parties



We can help you host a baseball, basketball, flag football, soccer or general sports themed birthday party! We will send instructors to the location of your party with all of the necessary equipment for each sport. The only thing your child and their friends will need is their 'A-Game!' You let us know how you would like your time structured: instruction, drills, skills competitions or games, and our instructors will make it a birthday to remember!

***For more information, visit us online ([click here](#)).***



## Locations and Parking



### Leo Baeck Day School

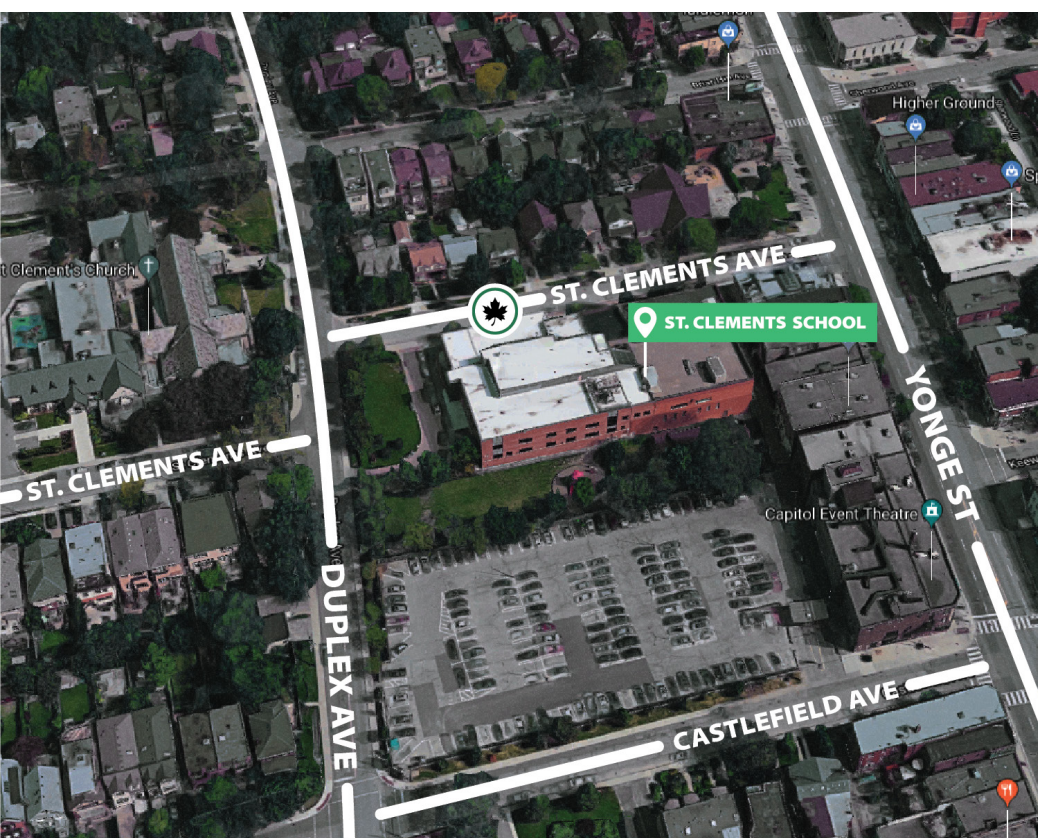
505 Arlington Ave,  
York, ON M6C 3A4

#### Entrance

Please enter through the green doors in the parking lot (north-east doors). We will meet you at the entrance and direct you to the gym!

#### Parking

There is parking at the back of the school's parking lot.



### St. Clements School

21 St. Clements Ave,  
Toronto, ON M4R 1G8

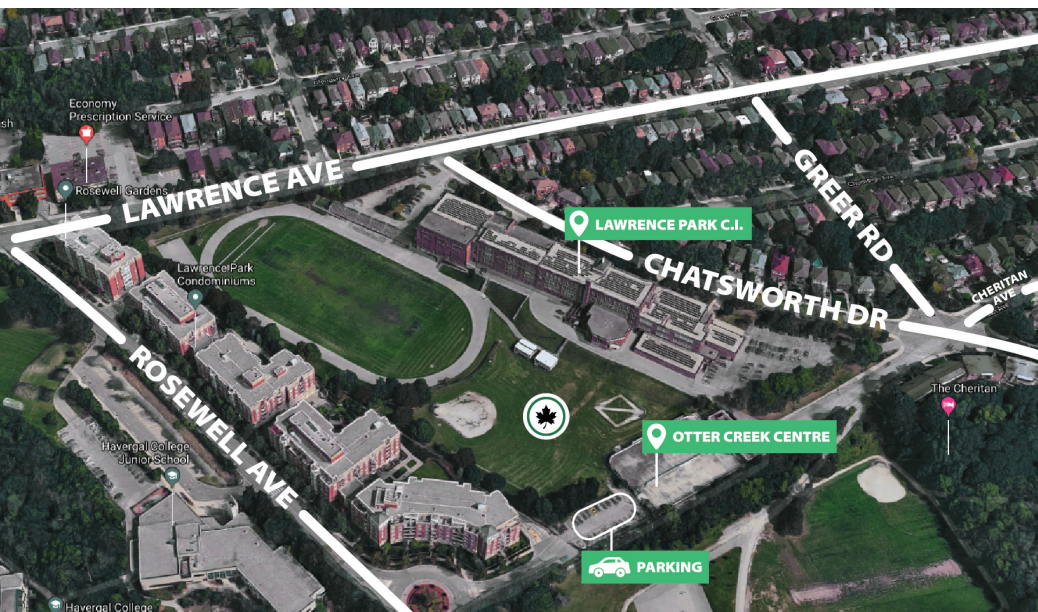
#### Entrance

Please enter through the school's main entrance on St. Clements Ave (west end of the block closer to Duplex Ave). We will meet you at the entrance and direct you to the gym!

#### Parking

Unfortunately there is no parking on site at St. Clements, however there is street parking on many side streets in the area as well there is a Green P on the north side of Castlefield (just behind the school).

# Locations and Parking



## Lawrence Park C.I.

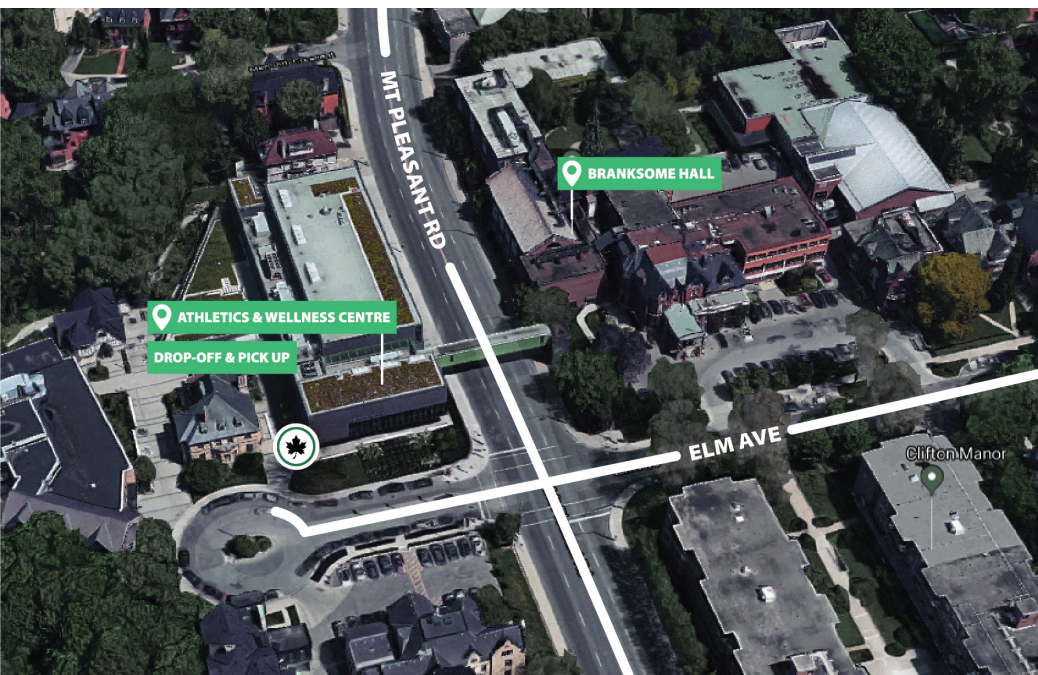
125 Chatsworth Dr,  
Toronto, ON M4R 1S1

### Entrance

We will be using the diamonds at the southern part of the property – meet us outside!

### Parking

You can park in the Otter Creek Centre parking lot off of Rosewell Avenue, just south of Lawrence Park C.I.



## Branksome Hall

10 Elm Avenue,  
Toronto ON M4W 1N4

### Drop-off & Pick-up

Please head west on Elm Avenue off of Mt. Pleasant Road. You can stop on the north side of the roundabout to drop off your child. Enter the doors of the building called the "Athletics & Wellness Centre".

# Locations and Parking



## Memorial Park

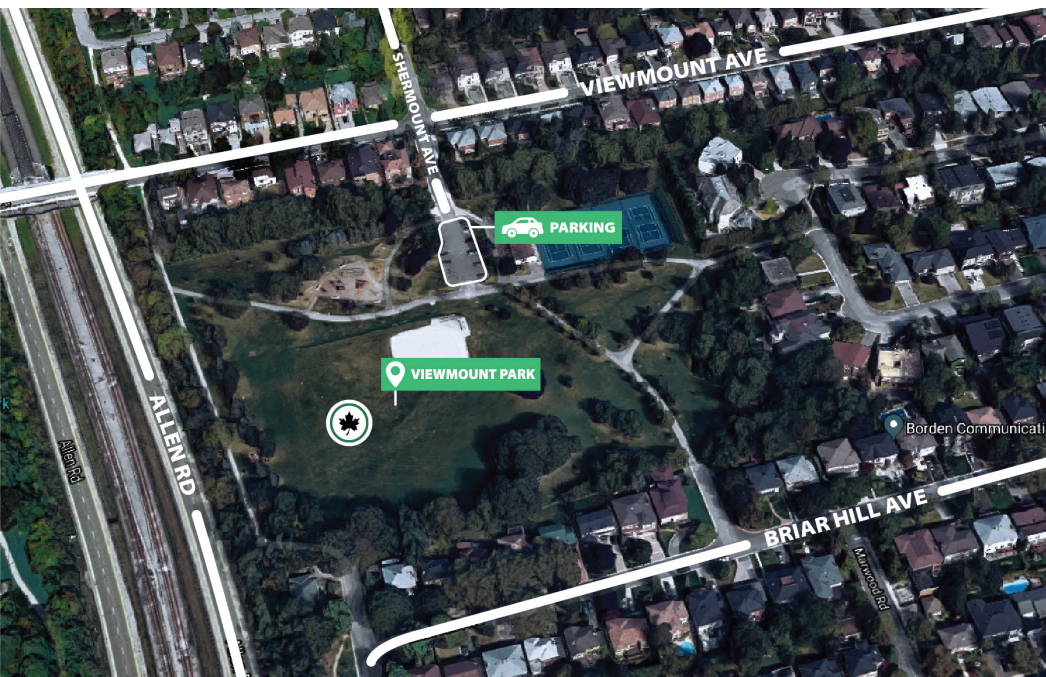
340 Chaplin Crescent,  
Toronto, ON M5N 2N3

### Entrance

We will be using the diamonds just north of the Forest Hill Memorial Arena – meet us outside!

### Parking

You can park in the Forest Hill Memorial Arena parking lot off of Chaplin Crescent.



## Viewmount Park

169 Viewmount Avenue,  
Toronto ON M5N 2N3

### Entrance

We will be using the diamond just east of Allen Road - meet us outside!

### Parking

You can park in the parking lot next to the Tennis Club just south of Viewmount Ave on Shermount Ave

## Weather Policy

### Weather Policy (*only applies to outdoor programs*)

Some of our programs take place outdoors in both rain and shine! As we do not have access to indoor facilities to use for programming in the early fall or spring in the case of inclement weather, there are two circumstances in which we will cancel a program:

- (1) Poor Field Conditions (large puddles, extremely slippery conditions, etc.)
- (2) Severe Weather (heavy rain with limited visibility, thunder/lightning, very strong winds, etc.)

If a session is cancelled before it begins, one of our Directors will contact parents via email as soon as possible. ***If you do not hear from us in advance, please assume the program is going ahead as scheduled.*** Our staff may decide to cancel a session on-site if field conditions worsen or severe weather presents itself during a program. In that case, our coaches will ensure the safety of all participants and telephone parents to arrange for early pick-up.

If a session is cancelled due to inclement weather, we will try our best to schedule a makeup session. If that is not possible, families will receive a pro-rated credit for the time missed, which can be used toward any camp or clinic with us in the future (there is no expiry). Unfortunately no refunds will be provided.

## Referral Program

As a thank you to our many amazing families who refer new participants to our programs, we have created a referral program! Families will receive credits that can be used toward future programs with us for each family that they refer.

***Visit [truenorthcamps.com/referral](https://www.truenorthcamps.com/referral) for details!***

# Frequently Asked Questions

## 1) What happens if we will miss a session? Do you pro-rate fees?

It is not a problem if your child will miss a session during a program, but unfortunately we do not offer pro-rated fees or credits for missed sessions.

## 2) What if we need to cancel?

If you need to cancel a registration, you can always do so and receive a credit for the full amount paid, which can be used toward any program with us at any time in the future – it does not expire. The credit will be pro-rated for cancellations received after a program has already started. If you would like to receive a refund, there is an administrative fee deducted, which increases as we approach the start of a program:

- In excess of 1 month in advance of the start date: \$35 cancellation fee
- In excess of 2 weeks in advance of the start date: \$50 cancellation fee
- In excess of 1 week in advance of the start date: \$75 cancellation fee
- Less than 1 week in advance of the start date: \$100 cancellation fee
- Within 48 hours of the start date: no refund will be issued

*Please note that the fees outlined above apply for each individual registration (which is one athlete for one program).*

## 3) Are your programs drop-off?

Currently all of the programs that we offer are drop-off. With the exception of March Break Camp and Spring Training, parents and guardians are welcome to stay and observe the program. Unfortunately given that March Break Camp and Spring Training are full-day programs, parents and guardians are not permitted to stay on-site throughout the duration of the program.

## 4) What do we bring with us?

**Clothing:** All participants should wear athletic clothing appropriate for the weather (including a hat for outdoor programs). Running shoes are recommended. For our outdoor programs, plastic cleats can be worn, although not required.

**Snacks/Drinks:** All players should bring a re-fillable water bottle. For any full day programs (i.e. Spring Training and March Break Camp), campers are required to bring a nut-free lunch and snacks.

**Equipment:** For Baseball/T-Ball programs, we ask all players to bring a baseball glove and protective athletic cups are recommended. We will otherwise provide all equipment needed. If players would like to bring their personal equipment, make sure it is labeled!

*Please leave all valuables at home – True North is not responsible for damaged, lost or stolen valuables.*

## 5) What is North Toronto Baseball Camp?

True North Sports Camps originally started as North Toronto Baseball Camp in 2007. Today, NTBC continues to maintain its own brand, and is the baseball programs operated in Toronto by True North Sports Camps. We still offer the same great programs with many of the same staff and philosophy to sport instruction/programming!

## Letter from the Directors

*A message from the Camp Leadership Team:*

*Courtney Berger, Blake Koester and Chantal Knorren-McGrath*

---

Thank you for taking the time to learn about True North Sports Camps!

As the Directors of True North, we recognize the positive impact that camp and sports can have on the development of children. At True North Sports Camps, we provide a fun and safe environment that encourages campers to be active, socialize and develop their athletic skills. We believe that the campers' experience is driven directly by the quality of our staff, and as a result, we focus on hiring passionate and dedicated coaches that ensure that every athlete has a truly memorable experience. We sincerely appreciate your interest and recognize it can be difficult to get a feel for our culture and values by reading a digital catalogue or online profile. At your convenience, we encourage you to contact us to find out more about our programs and what makes us so special.

**We hope to see you in 2019 -2020!**

Warmest Regards,  
Courtney, Blake and Chantal





## Contact Information

### We would love to hear from you!

If you have any questions about our programs or are interested in learning more, please do not hesitate to contact us anytime.

### HEAD OFFICE

**Email:** [info@truenorthcamps.com](mailto:info@truenorthcamps.com)

**Phone:** 416.619.1224

**Office Address:** 510 Eglinton Ave W, Unit 3 Toronto M5N 1A5

**Social Media:** [@truenorthcamps](https://www.instagram.com/truenorthcamps)

