



TRUENORTH
SPORTS CAMPS

Summer Camp Guide 2024



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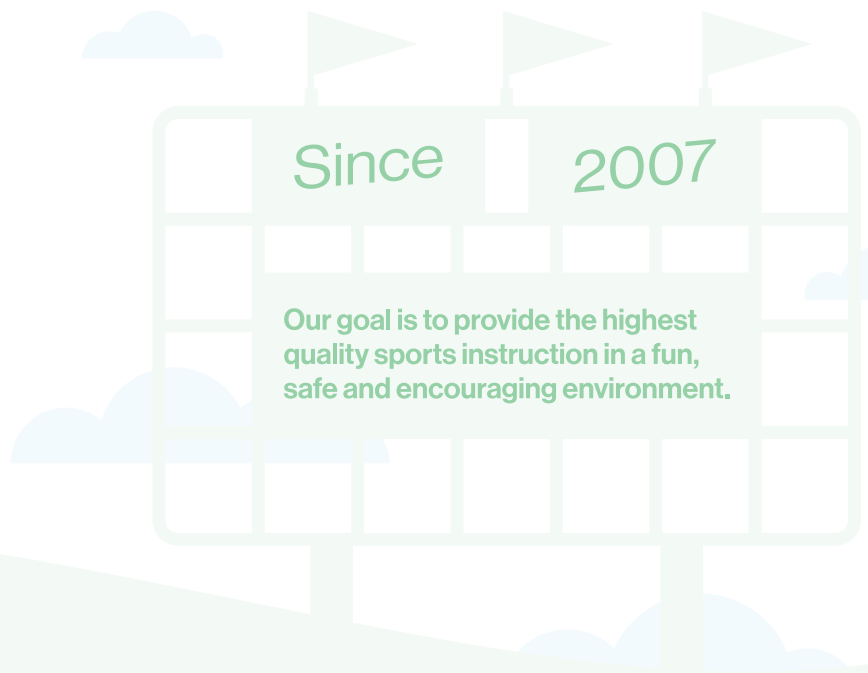
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We are True North Sports Camps!



True North Sports Camps (TNSC) offers year-round sports programming for boys and girls ages 4 to 14 of all skill levels in Toronto and Etobicoke. We operate summer day camps as well as after school and weekend programs for basketball, flag football, basketball, soccer and multi-sport.

At TNSC, we believe that recreational sports are an important part of every child's development and we make it our priority to deliver a truly memorable experience. With low camper to staff ratio, our outstanding coaches are committed to building an individual rapport with each and every camper.

All of our energetic TNSC coaches are experts in their sport, who love to share their knowledge of the game while stressing the importance of sportsmanship, teamwork and fair play. We focus on creating an encouraging environment where all players learn something new, stay active and have fun!

92%

of 290 families
rate our coaches
as **EXCELLENT**

Family Feedback

We've done many camps over the years and this one was the best. Not only was my 14 year-old fully engaged, he learned a lot and the coaches were excellent.



Baseball in Toronto

True North Sports Camps (TNSC) offers a variety of baseball summer camps for boys and girls ages 4 to 14 in Toronto. Campers will be taught the FUNdamentals of throwing, fielding and hitting through a combination of drills, competitions and games. Whether you want to learn how to field a groundball or pop-fly, or how to hit a homerun or bunt, our experienced staff challenge every camper to improve. We have something for everyone!

Locations		Sport	Ages
<u>Lawrence Park</u>	John Ross Robertson	Junior Baseball	4 to 7
	Glenview Public School	Baseball	7 to 14
	Glenview Public School	Girls Baseball (Week 2)	7 to 14
<u>Forest Hill</u>	Memorial Park	Baseball	7 to 14
<u>North York</u>	Bond Park	Recreational Baseball	7 to 14
	Bond Park	Elite Baseball	7 to 14 Rep Level Player
Extended Care available at all locations			


Week	Dates	<u>Lawrence Park</u>			<u>Forest Hill</u>	<u>North York</u>	
		Junior	Glenview	Girls	Memorial	Recreational	Elite
1	July 1*–5	✓	✓		✓	✓	✓
2	July 8–12	✓	✓	✓	✓	✓	✓
3	July 15–19	✓	✓		✓	✓	✓
4	July 22–26	✓	✓		✓	✓	✓
5	July 29–Aug 2	✓	✓		✓	✓	✓
6	Aug 5*–9	✓	✓		✓	✓	✓
7	Aug 12–16	✓	✓		✓	✓	✓
8	Aug 19–23				✓	✓	✓
9	Aug 26–30				✓		

* Baseball Camp at MEMORIAL is open on Monday, July 1st and Monday, August 5th

Baseball Camp Feedback

My kids loved the baseball camp. The coaches are engaging, knowledgeable about baseball and just really great with the kids. I had to pick my kids up early on Friday and **they didn't want to leave.**

As a parent, I call that a complete win.



Flag Football in Toronto

True North Sports Camps (TNSC) offers non-contact flag football day camps in Toronto designed to introduce campers to the game of football in a fun and pressure-free environment. Throughout the week, campers will be taught the FUNdamentals of throwing, receiving, rushing and defense, while they rotate between quarterback, running back and wide receiver stations. From the skills combine to the draft, we make campers feel like they're in the pros!

Location	Forest Hill
Ages	7 to 14
Level	All Skill Level
Convenience	Extended Care Available

Week	Dates	Flag Football
1	July 1* –5	✓
2	July 8–12	✓
3	July 15–19	✓
4	July 22–26	✓
5	July 29–Aug 2	✓
6	Aug 5* –9	✓
7	Aug 12–16	✓

* Flag Football Camp is open on Monday, July 1st and Monday, August 5th



Family Feedback

Our kids were ready to level up from pure beginner sports programs and True North was a great fit. From what I could see and hear from our kids it was a really well-run program. **A great combination of amateur sports, skill development and fun camp vibe, with professional and caring leaders.**

93% of 290 families rate their child's enjoyment of the program as **EXCELLENT!**



Basketball in Toronto

True North Sports Camps (TNSC) basketball camps are recreational day camps designed to focus on the FUNdamentals of dribbling, passing, shooting and rebounding. By rotating positions during drills and scrimmages, players will have the chance to play all positions and learn as much as possible about the game. In addition, several team concepts will be introduced including defensive strategies, setting screens, cutting without the ball, and of course, the pick and roll. We work hard to make sure that every single camper has a truly memorable experience!

Locations		Sport	Ages
Lawrence Park	John Ross Robertson	Junior Basketball	4 to 8
	Glenview Public School	Girls Basketball	8 to 14
	Glenview Public School	Basketball	8 to 14
Extended Care available at all locations			

Week	Dates	Lawrence Park		
		Junior	Glenview	Girls
1	July 2*–5	✓		✓
2	July 8–12	✓		✓
3	July 15–19	✓		✓
4	July 22–26	✓	✓	✓
5	July 29–Aug 2	✓		✓
6	Aug 6*–9	✓		✓
7	Aug 12–16	✓		✓
* Week 1 and 5 are four-day weeks due to Canada Day and Civic Holiday Monday				

Basketball Camp Feedback

I just found this camp on the internet and read the reviews and description. Boy! Am I ever glad I signed my son up for your camp!! **He's had so much fun and learned so much in one week!!** He won MVP of the week his first week of camp!!



What a special memory you made for him!!

Soccer in Toronto

True North Sports Camps (TNSC) soccer camp is a recreational day camp for girls and boys of all skill levels! Our program is designed to teach campers the FUNdamentals of soccer, while introducing advanced skill development for more experienced players (i.e. spacing, player support and ball movement). Our low camper-to-staff ratio allows our experienced coaches to ensure that the skills, drills and games are tailored to each player's needs. We work hard to ensure that each and every camper has fun, stays active and learns new skills!

Location	Memorial Park
Ages	4 to 12
Level	All Skill Level
Convenience	Extended Care Available

Week	Dates	Soccer
1	July 1–5	✓
2	July 8–12	✓
3	July 15–19	✓
4	July 22–26	✓
5	July 29–Aug 2	✓
6	Aug 5–9	✓
7	Aug 12–16	✓

* Soccer Camp is open on Monday, July 1st and Monday, August 5th



Last summer, we had a net promoter score of 84/100!



Family Feedback

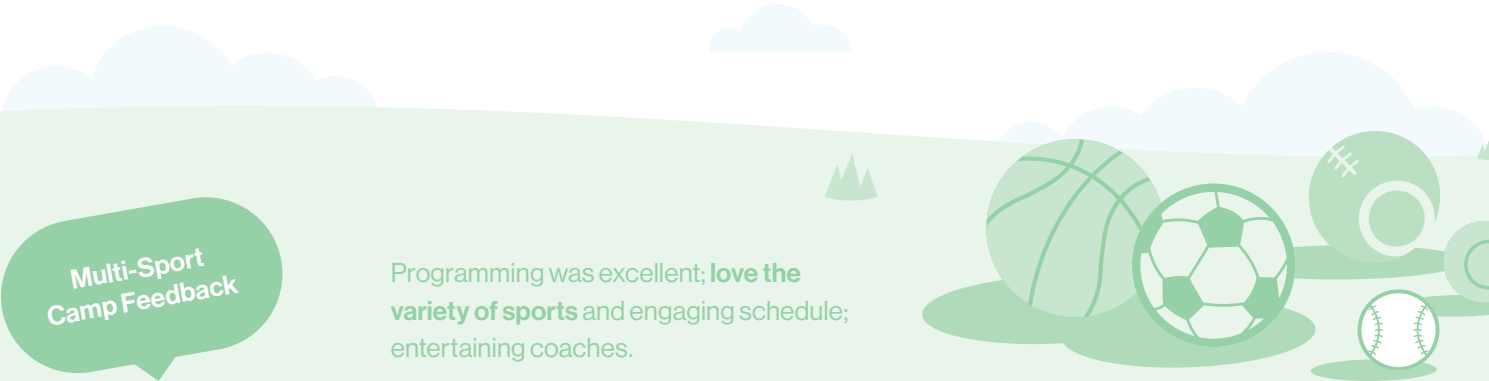
My kid came home happy and tired everyday.
The atmosphere at camp is inclusive and helps a child achieve their personal bests.
We love the camp!

Multi-Sport in Toronto and Etobicoke

True North Sports Camps (TNSC) offers multi-sport day camps in Toronto and Etobicoke! Our recreational day camps expose campers to a wide variety of sports and activities allowing campers to develop fundamental movement and sport skills with an emphasis on fun, teamwork and fair play. Campers will have a chance to challenge themselves and stay active while playing baseball, basketball, flag football, soccer, floor hockey, badminton and more sports! Our experienced coaches work hard to create a culture that ensures every camper has a truly memorable experience.

Locations	
<u>Toronto</u>	<u>Etobicoke</u>
Lawrence Park (Glenview Public School) Leaside (Bennington Heights) Forest Hill (Memorial Park)	West Glen Junior School
Extended Care available at all locations	

Week	Dates	<u>Lawrence Park</u>	<u>Girls</u> Lawrence Park	<u>Leaside</u>	<u>Forest Hill</u>	<u>Etobicoke</u>
1	July 1*–5	✓		✓	✓	✓
2	July 8–12	✓		✓	✓	✓
3	July 15–19	✓	✓	✓	✓	✓
4	July 22–26	✓		✓	✓	✓
5	July 29–Aug 2	✓		✓	✓	✓
6	Aug 5*–9	✓		✓	✓	✓
7	Aug 12–16	✓		✓	✓	✓
8	Aug 19–23				✓	
9	Aug 26–30				✓	
* Week 1 and 5 are four-day weeks due to Canada Day and Civic Holiday Monday						



Girls Summer Camps in Toronto

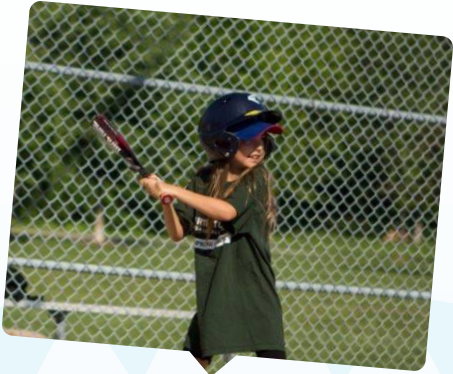
At True North Sports Camps (TNSC) we believe that recreational sports are an important part of every child's development and we make it our top priority to deliver a truly memorable experience. In saying that, we understand that there are social barriers when it comes to participation in sport especially programs that can be heavily dominated by boy participants.

Location	<u>Glenview Public School</u>
Level	All Skill Level
Convenience	Extended Care Available

Week	Dates	Baseball	Multi-Sport	Basketball
		Ages 7 to 14	Ages 4 to 12	Ages 8 to 14
1	July 8–12	✓		
2	July 15–19		✓	
3	July 22–26			✓



Girls Summer
Camps Feedback



My daughter has attended this camp for three years now and truly loves it. She is made to feel welcome from the moment she arrives. The staff truly are exceptional. Everyone seems to know all the kids' names and that goes a long way toward making kids feel special. I can't say enough how impressed I have been by the staff every year. **The awards on the last day of each week are also an amazing touch. When she reads her awards, she is filled with so much visible pride.** Thank you so much for making the first 2 weeks of summer special.



Different Camps Explained

Single-Camp v. Multi-Sport

Single-Sport Camps

Baseball, Basketball, Soccer and Flag Football

From our first summer in 2007, we have offered sport-specific camps including baseball, basketball, flag football and soccer. When registering for one of these programs, campers can expect to spend the majority of their week playing a variety of drills and games all related to the one particular sport.

Multi-Sport Camps

Our multi-sport camps allow campers to try out a variety of sports throughout the week. Campers will participate in drills and games focused on two sports per day (including, for example, soccer, ball hockey, flag football, baseball, basketball, etc). Our schedule will likely also include other high-energy activities such as dodge ball, capture the flag, track and field events and more!

truenorthcamps.com

Scroll down to the bottom of any camp page on our website to see a more detailed schedule of what to expect!

Last summer, 87% of 290 families that attended TNSC, 87% were extremely likely to recommend our programs to a friend or colleague!



More Programs

Weekly Clinics in Toronto

We offer after-school and weekend clinics from September to June at several locations in midtown Toronto. For 60 to 90 minutes each week, players will have an opportunity to improve their skills in baseball, basket-ball, flag football and/or soccer! Our clinics offer a great way for young athletes to stay active, have fun and learn something new.

March Break Camp in Toronto

Join us for a week of high-energy sports programming at our Multi-Sport March Break Camp! Our recreational day camp is for girls and boys ages 4 to 14 years old and will expose campers to a wide variety of sports in order to develop fundamental movement and sport skills with an emphasis on fair play and teamwork.

Location	Branksome Hall
Dates	March 11–15
Ages	4 to 12
Level	All Skill Level
Convenience	Extended Care Available



Great camp, my daughter had a lot of fun, and it was very active. The staff were AMAZING!!! The leaders in the camp by far exceed expectations year after year.



More Programs

Birthday Parties and Team Lessons in Toronto and Etobicoke

Our coaches are available to run a series of practices or lessons for house league and rep teams as well as pre-organized groups. Instructors will provide the direction and knowledge to help players succeed individually and as a team. We can also help you host a baseball, basketball, flag football, soccer or general sports themed birthday party! Our coaches will come to the location of your party with all necessary equipment for each sport.

Please contact us to learn more!

The coaches were incredible. My son said it was his favorite camp of all time. They really built up his self-esteem and he was able to feel successful and happy despite going to camp without any of his friends.

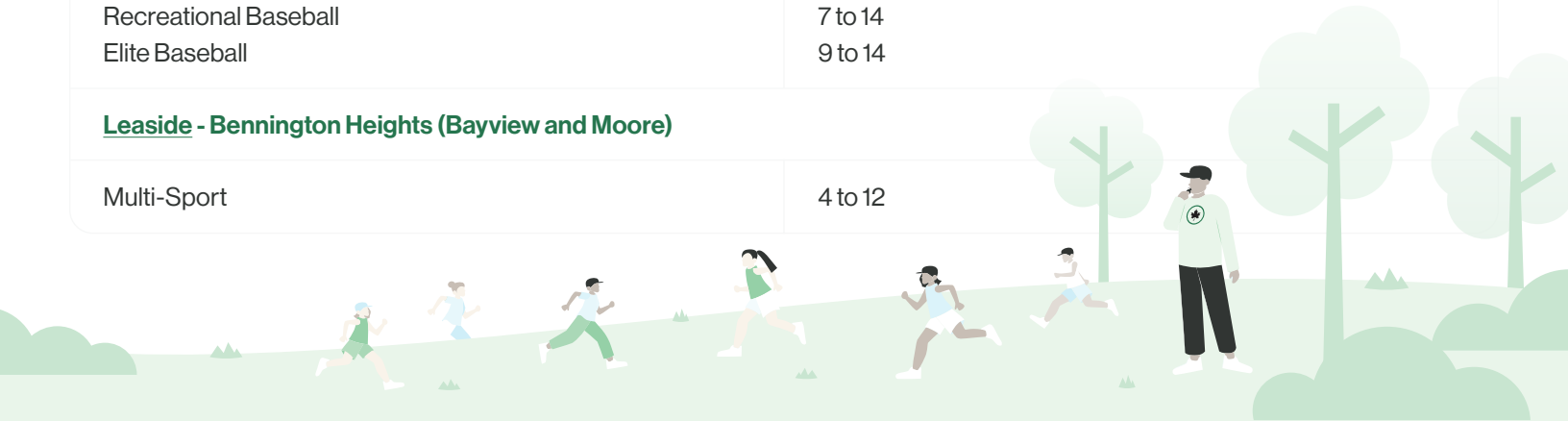


Locations

We are thrilled to be continuing the True North experience in Toronto and Etobicoke in 2024! See below for more information about our program offerings in each location:

Toronto Our baseball, basketball, soccer, flag football and multi-sport summer camps are located at several parks throughout Toronto.

Locations	Ages
<u>Forest Hill - Memorial Park (Spadina and Eglinton)</u>	
Baseball	7 to 14
Soccer	4 to 12
Flag Football	7 to 14
Multi-Sport	4 to 12
<u>Lawrence Park - Glenview Public School (Avenue and Lawrence)</u>	
Baseball	7 to 14
Junior Baseball	4 to 7
Basketball	8 to 14
Junior Basketball	4 to 8
Multi-Sport	4 to 12
Girls Camp	
Baseball	7 to 14
Basketball	8 to 14
Multi-Sport	4 to 12
<u>North York - Bond Park (Leslie and York Mills)</u>	
Recreational Baseball	7 to 14
Elite Baseball	9 to 14
<u>Leaside - Bennington Heights (Bayview and Moore)</u>	
Multi-Sport	4 to 12



In addition to our summer camps, we plan on offering spring programs in 2024! Look out for registration to launch in early 2024!

Locations

Etobicoke

Our Etobicoke multi-sport (ages 4 to 12) summer camps will be located at West Glen Junior School and will run for one-week sessions throughout July and August. Whether you are new to a sport or

Location	<u>West Glen Junior School</u>
Sport	Multi-Sport
Ages	4 to 12
Level	All Skill Level



Family Feedback

I have to say that the coaches were exceptional. **It's really encouraging to see such great, respectful engaged young people interacting with kids.** Wonderful role models. My son was impressed and I was independently impressed in my own interactions with everyone. They should be commended.

Stay connected to camp through our favourite forms of social media: Facebook, Twitter and Instagram.



#PlayAllDay
@truenorthcamps



Letter from the Executive Director

Thank you for taking the time to learn about True North Sports Camps (TNSC)!

As the Executive Director of TNSC, it brings me immense joy to extend a warm welcome to you and your young athletes. Our camps are designed to be more than just a place to play sports; they are a vibrant community where kids can grow, learn, and, most importantly, have fun.

At TNSC, we're dedicated to fostering a positive environment where children can explore their passion for sports, develop essential skills, and forge friendships that last a lifetime. Whether your child is a budding basketball star, a soccer enthusiast, a flag football fan, a baseball pro or someone eager to try multiple sports, our diverse range of programs offers something for everyone.

We understand that as parents, you entrust us with your child's well-being and development. Rest assured, our experienced coaches and staff are committed to creating a safe and supportive atmosphere where every child can thrive. Through our carefully planned activities and lessons, we aim to instill not just athletic abilities but also important values like teamwork, and sportsmanship.

I want to extend my heartfelt gratitude for considering True North Sports Camps for your child's summer experience. Your trust in us is the driving force behind our dedication to delivering exceptional programs.

As we embark on this exciting journey together, I encourage you to stay connected with us, share your feedback, and witness the incredible growth and achievements of your child throughout their time at TNSC.

Thank you once again for considering TNSC. We look forward to an incredible summer of sports, learning, and fun!

Warmest Regards,

Blake Koester

Executive Director, True North Sports Camps



Contact Us

We would love to hear from you!

If you have any questions about our programs or are interested in learning more, please do not hesitate to contact us anytime.

Camp Office

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TRUENORTH

SPORTS CAMPS

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Amazing and enthusiastic staff,
kids had a blast,
great program!

They were excited
to go every day!

Fantastic coaches!

Welcomed children in the morning
and provided helpful feedback at
the end of the day.

Family Feedback

Kept children
occupied, active
and **happy all day.**

Great Camp!

Your team of coaches are so wonderful!
They are a true credit to True North.
Kind, encouraging, fun and don't let the
heat get to them. They are attentive and
sweet and my kids adore them.

**Thank you for another truly lovely week
of summer camp.**

We appreciate you all so much!