## What's for Lunch at <u>Toronto</u>?

This summer, True North Sports Camp (TNSC) is teaming up with Food For Good to provide delicious, warm lunches to your campers every day of the week!



## SIGN UP TODAY: FOODFORGOOD.CA

Choose Your Meal Size TAXES NOT INCLUDED Small \$8 OR	Large \$10	M imPerfect Fresh Eats	T barBurrito	W Gino's Chicken + Wraps	T Impact Kitchen	F Gino's <sup>Pizza</sup>	
imPerfect Fresh Eats on Mondays	barBurrito on Tuesdays	01/01/050		Impact Kitchen o	n Thursdays		
MEALS Mac and Cheese High Protein and Veggie	MEALS <b>Tacos</b> With Nachos and Salsa	CHOICES → Chicken (Halal) → Beef		Chicken Kale Caesar Turkey Chili with Rice Chicken Teriyaki Mini Macro Bowl			
<b>Veggie-filled Beef Meatballs</b> With Marinara Sauce and Rigatoni Pasta	<b>Quesadilla</b> With Nachos and Salsa	<ul> <li>→ Cheese</li> <li>→ Chicken (Halal)</li> <li>→ Beef</li> </ul>					
	→ Chicken (Halal) → Beef → Pulled Pork → Steak			Mediterranean Gluten-Free / No-Meat / Dairy-Free Options Available			
<b>Chicken Bowl</b> With Black Rice, Topped with Roasted Broccoli, Corn and Tomatoes	Gino's Chicken + Wraps			Gino's Pizza on Fr			
<b>Beef Meatballs</b> With Mashed Potatoes, Homemade Bone Broth Gravy, and Roasted Broccoli	MEALS <b>Boneless Chicken Wings</b> With Carrot and Apple slices, Whole Wheat Bread + Dip			CHOICES Cheese Pizza			
Chicken Caesar Wrap	<b>Popcorn Chicken</b> With Carrot and Apple slices, Whole Wheat Bread + Dip			Pineapple Pizza Beef Toppings Pizza			
Gluten-Free Options Available	<ul> <li>→ Chicken</li> <li>→ Chicken Ceasar</li> <li>→ Veggie</li> </ul>			<b>\$4 / Slice</b> 1 Big Slice from an 18" Pizza cut into 10 Slices.			

## Lunch Program Menu

SPORTS CAMPS